



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE

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1:30 P

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AIR QUALITY ALERT ISSUED FOR SAN DIEGO AREA

County Air Pollution Control District Forecasts Unhealthy Conditions for Tuesday, Wednesday

The San Diego County Air Pollution Control District has forecast "unhealthy" to "very unhealthy" air conditions for San Diego County on Wednesday, Oct. 29.

The alert comes on the heels of a public health alert issued today by APCD for people living in all areas of San Diego County. As of 10 a.m. Tuesday, fine particulate matter is in the hazardous range in northern inland valleys around Escondido, and in the unhealthy range in downtown San Diego and in coastal areas.

Air quality is designated "unhealthy" when fine particulate in the air reaches a concentration of 65-150 micrograms per cubic meter. "Very unhealthy" indicates a concentration of 150-250 micrograms per cubic meter.

APCD advises that people in areas affected by smoke avoid outdoor activity, stay indoors, and avoid all strenuous activity as much as possible. People are also advised to drink plenty of liquids, which help flush the particulate out of the body.

Smoke can severely irritate eyes and the upper respiratory tract. It poses a high risk to people with asthma or other respiratory diseases. Other symptoms include stinging and tearing eyes, nose and throat irritation, nausea, and vomiting. People whose symptoms worsen should consult with their physician immediately.

This forecast has been provided to school districts in San Diego County for use in their decision-making.

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